

## **Accelerated OYAP Programs**

Any gr 12 students interested in the following trades: Automotive Service Tech, Cook/Baker, Child development Practitioner, Electrical, General Carpenter Drywall/Acoustic Floor covering, Plumbing, Refrigeration & Air Conditioning Systems Mechanic

Please see **co-op** for more information about the Accelerated OYAP Programs!

# Peer Tutoring Peers

Are you stressed about your mid term math mark? There is a simple solution!! Come for help with peer tutoring peers club.

Monday or Thursday after school in room 104. Go home STRESS FREE!

### Mustangs Fitness

Listen up SMK! Are you looking to improve your fitness?

Want to feel better, look better and have more energy? The Mustangs Fitness Club & Weight room is accepting registrations. If you would like to join the Mustangs Fitness club please visit the SMK Website and follow the fitness centre link or get the link off the posters outside the Phys Ed Office

Keep fit and have fun doing it!

# Sr Boys Basketball

Attention all Gr 11 and 12 boys interested in trying out for the Sr Boys basketball team.. There will be a tryout on Tuesday after school in main Gym from 2:30-4:00pm.

If you can't make it.. See Mr De Felice.

#### Dance Club

Hey SMK! So do you think you can dance?

Come audition for the SMK dance team in the styles of contemporary and jazz on Wed Oct 25 after school at 2:30pm in the dance studio. Sign up sheet with details will be posted on studio door.

Please see Ms. Williams or Ms. Panetta for details!

### Sr boys soccer

Congratulations to the Sr boys soccer team who won 2-0 in their game yesterday against St. Augustine. Shout out to Alex L for his excellent defensive play and to Giancarlo and Ryan on their goals. See you tonight at practice!

## Sr girls basketball

Congrats to your senior girls basketball team on their close 28-26 win over Denison yesterday. Shout out to top scores Heidi K., Jewels F., and Reese W. Come cheer on the girls at their games on Tuesday Oct 24 at 3:30pm in the gym against their rivals Sacred Heart! Go Mustangs!

## Girls Hockey

Attention all girls gr 9-12 interested in playing hockey this year.

Please fill out your information on the sign up sheet in the phys ed hallway. Tryouts are Wed Oct 25<sup>th</sup> from 3-4 at the Aurora Leisure Complex. Bags can be stored in the outdoor washrooms outside the phys ed hallway doors.

Be sure to grab a permission form from the folder in the phys ed hallway.

Any questions? Please see Ms. Tracey or Ms. Quinn

# Food and Beverage Consumption

Due to Safety reasons, food and beverage consumption is prohibited on school transportation.

Thank you

